



## INTENSIVE CARE UNIT NURSE PROFICIENCY SKILLS CHECKLIST

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

Please place a check mark in the column that most accurately describes your proficiency level:

Key: Levels of experience / Proficiency

<b>A</b>	<b>Expert. You have performed this task frequently; you feel comfortable and proficient in this skill; you would not require supervision or practice</b>
<b>B</b>	<b>Experienced in. You have performed this task several times; you feel moderately comfortable functioning independently, but you would require a resource present</b>
<b>C</b>	<b>Familiar with. You are familiar with the state task; but you would need more experience and practice to feel comfortable and proficient in this type of skill</b>
<b>D</b>	<b>Never performed. You have never performed the stated task and have no experience with this type of skill</b>

SKILL	/	I	C	I		/	I	C	I
<b>NEUROLOGY:</b>					<b>CARDIOVASCULAR (cont'd)</b>				
Neurological Assessment					<b>Arrhythmia Treatment:</b>				
Seizure precautions					Atrial				
Seizure activity					Heart Blocks				
Glasgow Coma Scale					Ventricular				
Levels of Consciousness					V. Tach				
Detection of Elevated ICP					V. Fib				
<b>Care of Patient with:</b>					Cardiopulmonary Arrest				
Seizures					Initial Resuscitation				
Overdose					ACLS Protocol				
Pre-Post Neurosurgery					PALS Protocol				
Spinal Cord Injury					Use of HP Cardiac Monitors + Portable Monitors				
Inter-cranial Hemorrhage					Use of Telemetry Monitor				
Acute Head Injury					Pacemaker – Permanent				
CSF Shunts					Pacemaker – Temporary				
ICP Monitoring					Pacemaker – Transvenous				
Cadaver care for Organ Donation					Pacemaker – Transthoracic				
<b>CARDIOVASCULAR</b>					CVP Readings				
Cardiovascular Assessment					Doppler				
Peripheral Pulses					Principles of Hemodynamic monitoring				
Defibrillation / Cardioversion					Analysis of wave forms				
Obtaining 12 Lead ECG					Obtaining Cardiac Outputs				
Interpretation of 12 Lead ECG					Calculating Hemodynamic Profiles				



<b>SKILL</b>	✓	I	C	I	<b>SKILL</b>	✓	I	C	I
<b>Insertion, Care and Maintenance of:</b>					<b>MATERNAL / CHILD</b>				
Nasogastric Tube					Administration IV Drips				
Salem Sumps					Magnesium Sulphate Therapy				
Levin Tube					Use of Fetoscope / Doppler				
Duo Caths					Provide Intrapartum care to patients with:				
Gastrostomy Tubes					Pregnancy Induced Hypertension				
Care of Sengstaken-Blakemore Tubes					Preeclampsia				
Jejunostomy tubes					Diabetes Mellitus				
T-tubes					Sickle Cell Disease				
Maintenance of Enteral Feedings					Post Partum Assessment				
Wound drains					Fundus Consistency				
Other:					Lochia				
<b>Care of Patients with:</b>					Bladder Distention				
Abdominal Distention					<b>PAEDIATRICS</b>				
Paralytic Ileus					Calculation of Ped Dosages				
GI Bleed					Starting IV Therapy				
Abdominal Surgery					Cardiac Monitor H.P.				
Colostomy					CPR infant / child				
Multiple Abdominal wounds & drains					Preparation of emergency drugs				
Evisceration & dehiscence					Tracheostomy Care & Suctioning				
Septic Shock					Assist with Lumbar Puncture				
<b>GENITOURINARY</b>					Use of oxygen				
GU Assessment					Servo-Siemans 300				
Interpretation of lab values					<b>Care of Patients with:</b>				
Insertion of:					Asthma				
Female urinary catheter					Congestive Heart Failure				
Male urinary catheter					Epiglottitis				
<b>Care of Patient with:</b>					Meningitis				
Suprapubic catheter					Near Drowning				
Nephrostomy tube					Overdose / Poison Ingestion				
Ileostomy					R.D. Syndrome				
GU irrigation					Sickle Cell Disease				
Continuous irrigation					Spina Bifida				
Shunts & AV Fistulas					Tracheoesophageal Fistula				
Nephrectomy					Cystic Fibrosis				
Quinton Caths					Broncho Pulmonary Dysplasia				
Acute / Chronic Renal Failure					Other:				
CVVH / CVVHD					Oncology				
<b>ORTHOPAEDIC</b>					Chemotherapy				
Care of Patients with:					Dialysis				
Total Knee Replacement					Diabetic Teaching				
Total Hip Replacement					Patient and Family Education				
K-wires					<b>OTHER</b>				
Arthroscopy / Arthrotomy					Hyperbaric Chamber				
Amputation					<b>Precautions:</b>				
Trauma					Universal Precautions				
Skeletal Traction					Respiratory Isolation				
					Sterile dressing changes				

SKILL	£	I	C	I	SKILL	£	I	C	I
<b>OTHER (cont'd)</b>					MRSA				
Wound & Skin Isolation					Legionella				
Reverse Isolation					Apheresis				
Burn Care					Therapeutic Plasma Exchange				

CERTIFICATION	Yes	No	Expiration Date
BCLS			
ACLS			
PALS			
IV Certified?			

Formal Critical Care Course?    Yes    No

If yes, name of course: \_\_\_\_\_

Number of hours: \_\_\_\_\_

Continuing Education Hours for the last 3 years? \_\_\_\_\_

Involvement with continuous quality improvement. Provide details: \_\_\_\_\_


Please indicate the number of years experience with each:

Adult \_\_\_\_\_ yrs

Adult/paediatrics combined \_\_\_\_\_ yrs.

Additional Comments: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_