



MATERNITY SKILLS CHECKLIST

- 3 = Frequent experience, performs well**
2 = Intermittent experience, may need minimal review
1 = Familiar with, need review
0 = Theory/No practice

COMPLICATIONS OF EARLY PREGNANCY	3	2	1	0	LABOUR AND DELIVERY	3	2	1	0
Spontaneous abortion					Attend and assist obstetricians in care of woman throughout and following Vaginal delivery				
Hyperemesis					Care of women in labour				
Care following insertion of Shrodkar suture					Conduct accurate vaginal examinations				
Infertility side effects – overstimulation of ovaries					Initiate and maintain IV hydration				
					Antibiotic therapy as required for Group B Streptococcus				
ANTENATAL CARE	3	2	1	0	Manage epidural in L&D				
Placenta Previa : Grades 1,2,3					Monitor vital signs during continuous epidural infusion				
PREGNANCY INDUCED HYPERTENSION	3	2	1	0	Total care of high risk cases				
Deal with acute emergencies surrounding this complication					Preparation of both elective and Caesarian sections				
Monitor fetus with auscultation, palpation and electronic fetal monitoring					Accurate electronic fetal monitoring interpretation				
Interpret electronic tracing results					Recognition of pertinent fetal heart rate				
Collect urine and interpretation of lab values					INDUCTION OF LABOUR	3	2	1	0
Monitor blood pressure					Initiate plan of care				
IV medication administration					Insertion of vaginal pessaries				
Monitoring intake and output					Monitor IV Pitocin				
Communicate directly with Obstetrician					Interpretation and knowledge of electronic fetal monitoring				
Daily weights					POST PARTUM PERIOD	3	2	1	0
Understand contributing factors					Perform daily assessments following delivery				
GESTATIONAL DIABETES	3	2	1	0	Intervene and assist Obstetricians				
Monitor daily blood glucose levels					Teach all aspects of care following delivery				
Diabetes education					Teach breast feeding				
Side effects of GDM to fetus					MEDICATION ADMINISTRATION	3	2	1	0
Insulin administration					Topical				
Monitor urine/urinalysis					Feeding Tube				
Care of GDM patient through L&D					Rectal				
MULTIPLE PREGNANCIES	3	2	1	0	Intracutaneous injection				
Support maternal and fetal well being					Intramuscular injection				
Antenatal monitoring					Intermittent saline lock				
Labour and delivery					Use of IV pumps				
MEDICAL CONDITIONS EXACERBATED BY PREGNANCY	3	2	1	0	TEACHING	3	2	1	0
Asthma					Breastfeeding				
Sickle Cell Anaemia Disease					Basic care of newborn				
PRETERM LABOUR	3	2	1	0	Childbirth education classes				
Initiate and maintain IV hydration					Contraception and family planning				
Use of protocols for cessation of preterm labour					BEREAVEMENT	3	2	1	0
Knowledge of signs and symptoms					Assistance and support of bereaving family				

CHARTING AND CARE PLANS					POST-OP CARE				
	3	2	1	0		3	2	1	0
Computerized care plans – initiation and update					Total Abdominal Hysterectomy				
Discharge planning and teaching					Laparoscopic Surgery				
Incorporating care plan into report charting					Myomectomy				

ADDITIONAL SKILLS
(Please list any additional experience or skills you may have that are not included above:

SIGNATURE: _____ **DATE:** _____